# What makes a HERO?

# If you could have one superpower, what would it be?

# In your journals...

Think of a time when you or someone you know was a real-life hero. What was the situation that was happening? What qualities did they have that helped them be a hero?

# In your groups...

- Create 3 tableaus showing a story of a person being a real life hero.
- Your story should have a beginning, middle, and end
- We will present these to the class

Superpowers in Real Life

Based on our stories and our tableaus, what are some "superpowers" that help people be real-life heroes?

### **LESSON 1: STAGE 1 – DESIRED RESULTS**

Unit Title: What Makes a Hero

## **Established Goals:**

Students will make connections between superheroes and real life heroes Students will use personal anecdotes to inspire artistic choices in storytelling

# **Understandings:** Students will understand that...

- Students will understand that heroes exist all around us
  - Students will understand that heroic actions come in all shapes and sizes
  - Students will understand that they can be heroes in their own lives

# **Essential Questions:**

- What makes a hero?
- How can people have superpowers in real life?
- How can you be a hero to someone in your life?

# Students will know that:

- Students will know that they can be a hero in their daily lives
- Students will know that heroes exist all around us, not just in stories
- Students will know that they can have an impact on the people around them

# Students will be able to:

- Students will be able to make connections between personal experiences and fictional stories
- Students will be able to create stories that include a beginning, middle, and end
- Students will be able to list qualities that make up a hero

# **Social Emotional Learning Skills:**

- Social Awareness:
  - Respect for others
- Relationship skills:
  - Teamwork
  - Communication
- Self-management
  - Organizational skills

Performance Tasks:	Other Evidence:
• Tableau	Reflection
• Journaling	• Draw connections
<ul> <li>Class discussion</li> </ul>	
• Writing	

# **Key Criteria (for 6th grade):**

# TH:Cr3.1.6

- a. Collaborate to devise a drama or theater work
- b. Identify effective physical and vocal traits of characters.

# TH:Pr4.1.6

a. Identify the essential events in a story or script that comprise the dramatic structure.

# TH:Pr6.1.6

b. Devise a theatrical experience and present it informally to an audience.

# TH:Re8.1.6

a. Identify the relationship between artistic choices and personal experience.

# TH:Cn10.1.6

a. Explain how the actions and motivations of characters in a drama or theater work reflect perspectives of a community or culture.

#### STAGE 3 - LEARNING PLAN

# Warmup:

- Sharing circle
  - Prompt: If you could have one superpower, what would it be?
  - Students will have one minute to think of a superpower they would want to have
  - Students will share their choice through a ball toss circle activity

# Journaling:

- Students will write in their journals a response to the following prompt:
  - "Think of a time when you or someone you know was a real-life hero. What was the situation that was happening? What qualities did they have that helped them be a hero?"
- Students will gather with a partner
- Each partner will share their journal entry with the other partner

# **Groupwork:**

- In groups of 4-5, students will create 3 tableaux depicting a story of a real life hero
- The story can be based on one student's personal anecdote or a combination of multiple anecdotes, or it can be a fictional creation of a story
- The stories should have a beginning, middle, and end
- Each group will come up with a 3 sentence description of their story (one sentence per tableau)
- Each group will present their tableaux for the class
- Each story will be debriefed after performance
  - Who was the hero?
  - What qualities did this hero exhibit?
  - How did this story relate to one of your personal stories?

# Wrap-up:

- Based on our performances, what are some "superpowers" that make us heroes in real life?
- How can you be a hero to someone today?